2019 17-AAAAAA Cross Country Policies

# Schedule and Site

Site: Nottingham Park

14205 Kimberley Ln.

Houston, TX 77079

Date: Thursday, October 17, 2019

Friday, October 18, 2019 (rain date), Saturday if necessary

\*rain date will follow same schedule as below.

7:45-8:10 Entry Changes

8:10 Head Coaches Meeting with the Meet Referee (Draw for boxes) 8:45 Varsity Boys 5k

9:10 Varsity Girls 5k

9:40 JV Boys 5k unlimited and non-scoring seniors

10:10 JV Girls 2mi unlimited and non-scoring seniors

10:35 Freshman Boys 2mi 11:00 Awards

# Meet Officials

Meet Director: Cheryl Etlinger, Spring Branch ISD Assistant Athletic Director Email: Cheryl.etlinger@springbranchisd.com

Office number: 713-251-1200 ext. 1204

Cell number: 832-594-1318

Meet Referee: Ed Marcinkiewicz

Timing Operator: Run Houston Timing (G. Zarate) Starter: SBISD

Back-Up Starter: CFISD

# Entry Information

All entries need to be completed per the entry instruction issued by Run Houston Timing, by a date set forth (approximately 5 days prior to meet). Please make sure you list the grade level of each entry.

The maximum number of runners for varsity are seven (7) and unlimited for JV and FB. The top 7 JV (non-seniors) runners will be scored. “Unlimited” is subject to change if the number of entries necessitate a separate race, TBD upon entry deadline.

# Team Rosters

* 1. Must not compete in the varsity division in order to compete in sub-varsity divisions.
	2. Maximum 7 runners in varsity races
	3. Unlimited in sub-varsity (scoring top 7)

Unlimited in boys 9th grade (scoring top 7)

Seniors not on varsity will run in the JV race, will not be timed or scored

Maximum of 7 runners in all races, if it is determined that an open race is needed

# Double Representation

No Boy or Girl shall be allowed to participate in more than one division.

# Uniforms

* 1. All Varsity runners must be dressed the same.
	2. Sub-Varsity runners will be allowed to have uniforms that may vary.
	3. All runners MUST wear a uniform issued by the school.

# Policies

* 1. A Meet Director, Meet Referee and Timing system operator are positions that shall be established to ensure successful administration of the 17-AAAAAA District Cross Country Meet.
	2. The Meet Director will be responsible for contacting all district schools in September to reconfirm date, site and time schedule of the district meet.
	3. The Meet Director shall assign all working personnel. Each participating school will be asked to provide an equal number of workers (approx. 3) to assist with various meet duties.
	4. The Meet Director will be responsible for receiving all UIL Cross Country Entry forms from all participating school for their varsity teams.
	5. The District Meet Director will certify the top three teams and ten individuals to regionals. The Meet Director will send the UIL District Result form to the Regional Director on the UIL type-able form or by an electronic form approved and accepted by the regional director.
	6. Final results will be posted after each race for participants, coaches and spectators.
	7. The district results of all divisions will be emailed to all coaches at the conclusion of the meet.
	8. A Meet Referee will be employed to make final decisions concerning questions which are not specifically place under the jurisdiction of other officials, other irregularities and shall disqualify any runner for violation of the rules.
	9. All protests shall be in accordance with UIL policy and shall be submitted to the Meet Referee within the specified time.
		1. All questions concerning the cross country meet mechanics and technicalities shall be directed to the Meet Referee.
		2. Decisions made by the Meet Referee shall be considered final.
		3. The Meet Referee shall be an individual that is independent of all schools in the district. (No water handed out to runners during the race).
	10. The Meet Director will notify all head coaches of a cell phone number so a team can contact him/her on the day of the district meet.

# Disputes

* 1. Must be submitted in writing
	2. Must be submitted within 30 minutes of the posted results for each race
	3. All disputes must be submitted to Meet Referee

# Boxes

Boxes will be drawn the morning of the meet at the Coaches’ meeting.

# Scoring

* 1. Primary – Full Automatic Timing
	2. Back Up – Bib pull-tags, videotape

# Awards (see 17-AAAAAA General Policies)

1. **Regional Information**
	1. Information Packet
	2. Entry fees paid by DEC
	3. Entries
2. Director’s report does not serve as your entries
3. Qualifiers must submit entry forms

# Important Dates

* 1. October 11 UIL Certifications Due
	2. October 17 District Cross Country Meet
	3. October 18 Make up CC Meet
	4. October 19 District Certification
	5. October 28 Regional Meet
	6. November 9 State Meet